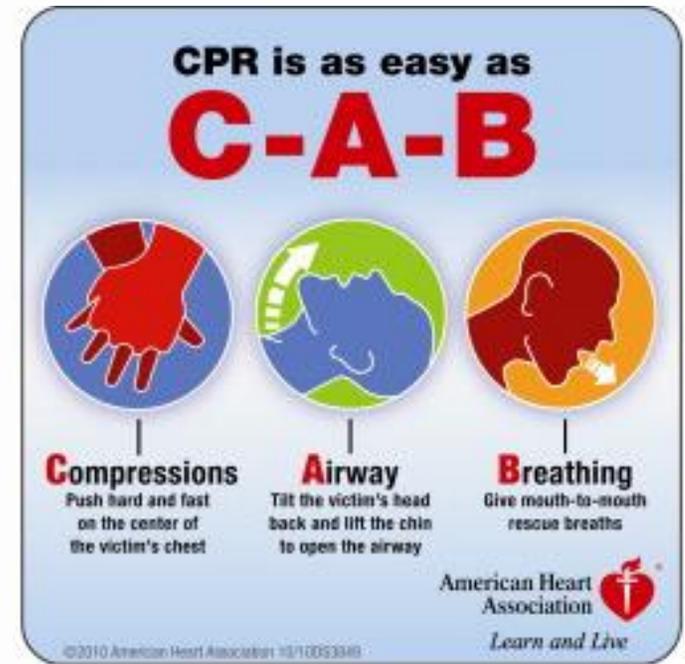


Troop 48 Basic Life Support (BLS)

- Zachary Bowles, RN will be teaching the class, he is certified instructor through American Heart Associates (AHA).
- Due to COVID 19, there is a maximum of 8 people per session and masks are required.
- WHERE: Pain Medicine Associates
2202 in N John B Dennis Hwy #200
Kingsport, TN 37660
- WHEN: Saturday: January 30 + February 6 + February 13
10:00 AM-12:45 PM or 1:00 PM - 3:45 PM
There will be 2 sessions each Saturday.
- Sign up: Go to T48.org.
- COST: The cost is 7 dollars. **HAVE EXACT CHANGE**
- The BLS certification lasts for 2 years.
- Required for Sea Base and Philmont.



- What Is the Aim of Basic Life Support?
 - The purpose of BLS is to maintain sufficient blood circulation and breathing through a clear airway. If you are responding to an emergency, having a basic life support certification will assure the patient that you are qualified to help them.

American Heart Association BLS Course

Farris Ward

